

# REGISTRATION & FEES

**\$159 – HIGH SCHOOL  
8 SESSIONS**

**\$79 – MIDDLE SCHOOL  
4 SESSIONS**

## TO REGISTER

### EMAIL CHRIS CURTIS

[chris@prosportstherapy.net](mailto:chris@prosportstherapy.net)

### CASH OR CHECK ONLY

Please make checks payable  
to Christopher Curtis

[PROSPORTSTHERAPY.NET](http://PROSPORTSTHERAPY.NET)



*"I can't say enough about Pro Sports Therapy. As a high school coach, I send my injured athletes to Pro Sports, as well as friends and family. It is without hesitation and all of my confidence that I recommend Pro Sports Therapy."*

Coach Tracy Capone,  
Former D1 Athlete & WA  
Varsity Girls Soccer and  
Tennis Head Coach



# PRO SPORTS SPEED CAMP PSSC

Middle & High School  
Athletes



[PROSPORTSTHERAPY.NET](http://PROSPORTSTHERAPY.NET)

# ***INJURY PREVENTION***



*“In the world of physical therapy, there’s none better than Chris Curtis. Chris brings extensive knowledge, passion and energy to his craft. Anyone who wants to develop speed, agility, acceleration and power, while learning about injury prevention should attend his speed clinic.”*

*Coach Ben Benoit,  
USTFCC & MSTCA 2023 MA  
Coach of the Year*

# ***SPEED DEVELOPMENT***

## **WHY SPEED CAMP?**

- Improve speed and agility
- Minimize injury risk for upcoming season
- Improve strength and balance
- Rehab specialists from the Professional Sports world as expert guest speakers

# **CAMP SCHEDULE**

**JULY 24 - AUGUST 17**

**MIDDLE SCHOOL**

**SATURDAYS**

**8:30-10:00 AM**

**HIGH SCHOOL**

**WEDNESDAYS**

**5:15-6:45PM**

**SATURDAYS**

**10:15-11:45 AM**

**PRO SPORTS THERAPY  
CLINIC**

**334 Littleton Road  
Westford, MA 01886**